



becoming  
**one**  
the lifelong journey

## GETTING TO KNOW YOU...AGAIN

After getting married, it can be easy to fall into a pattern of not dating your spouse anymore. When you dated each other, you asked questions and wanted to know more about each other. That desire to know each other better builds a strong sense of intimacy and allows you to continue growing together as you grow individually.

### HOW TO USE THIS:

**Plan a date night with your spouse.** It doesn't have to be fancy. Just find a place where you can go and just talk. Bring these questions and start learning more about each other. It may feel silly at first, but you will learn something about them that you never knew.

1. What is your favorite snack?
2. What would be the perfect meal?
3. What is your favorite color? Why?
4. What is your favorite song? Why?
5. What is your favorite book?
6. Do you prefer fiction or non-fiction books?
7. Would you rather go to a play or a movie?
8. Would you rather hike or bike?
9. Do you prefer the mountains or the beach?
10. Would you rather fly or drive?
11. Would you rather watch TV or read a book?
12. If you could go anywhere in the world right now, where would you go? Why?
13. What has been the biggest challenge in your life?
14. What is your biggest success to date?
15. What do you miss most?
16. What is your favorite memory? Why?

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17. What did you want to be growing up?
18. If money were no object, what would you choose to do all day?
19. What would a perfect day be for you?
20. If you could have a superpower what would you choose?
21. What is your biggest frustration at work?
22. If you could try any job for a day, what job would it be?
23. What do you wish more people knew about you?
24. What is your least favorite chore?
25. Have you ever had a nickname? What was it? Who used it?
26. What is your biggest pet peeve?
27. What is your favorite holiday? Why?
28. What is the craziest thing you've ever done?
29. What three things do you think about the most on a daily basis?
30. Where do you see yourself in 10 years?

#### **REMEMBERING WHAT DREW YOU TOGETHER**

**Answer these questions about each other.**

1. What did you think the first time you met me?
2. What did you find attractive about me?
3. When did you first know that you loved me?
4. What do you love most about me today?
5. What is one thing I do that impresses you most?
6. What is one character trait that you've come to appreciate me since we first got married?
7. What is something I did that made you feel special or loved?
8. What surprises you most about me?
9. What is something you don't say very often, but want to?
10. How can I make you feel more appreciated?

**Take note of the answers your spouse shares. Ask more questions.**

**No matter how long you've been married, you're never past the dating phase.**